

Self-Assessment for Registrants

*In the Continuing Competence Standards, there are nine criteria under standard one that you must meet to renew your permit. You can use this document to complete a self-assessment on your nursing practice to meet criteria one — document self-assessment. **This tool is an optional resource.***

How to Meet Criteria 1.1

Write down your assessment of your practice against the four standards in the *Practice Standards for Registrants*. After assessment, pick the indicator that will be the focus of your learning goal. You will use the answers to inform your next continuing competence steps (criteria 1.2 to 1.7).

How to Review Your Practice

You can review each of the standard indicators below and rate your level of competence against the scale of 'knows', 'knows how', 'shows' and 'does'. If you select option 'know' or 'knows how', summarize why in the space provided after the indicators. If using this method, the levels of competence are:

- 1. Knows** — I require more education for this indicator and how it applies to my role and practice setting.
- 2. Knows How** — I understand this indicator and how it applies to my role and practice setting, but my ability to demonstrate this behaviour could be enhanced.
- 3. Shows (Minimum Competence)** — I can satisfactorily demonstrate this indicator, at minimum, in my specific role and practice setting.
- 4. Does** — This indicator is well integrated into my specific role and practice setting.

Summarize Your Practice

Describe your practice setting, and your nursing role and responsibilities.

Compare Your Practice Against the Standards

Standard 1: Professional Responsibility and Accountability

The registrant is personally responsible and accountable for their nursing practice, professional conduct, and fulfilling their professional obligations.

Indicators		What Is My Level of Competence?			
		KNOWS	KNOWS How	SHOWS	DOES
HOW DOES THE INDICATOR APPLY TO MY SPECIFIC ROLE AND PRACTICE SETTING?					
1.1	I am always accountable for my actions.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
1.2	I follow all current and relevant legislation and regulations.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
1.3	I meet the expectations in the CRNA standards and follow directions in guidelines and other regulatory guidance.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
1.4	I follow the policies and employer requirements relevant to my practice setting.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
1.5	I question policies and procedures inconsistent with therapeutic client outcomes, best practices and safety standards.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
1.6	I practise within the legislated scope of practice of the profession.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
1.7	I practise within my level of competence.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
1.8	I regularly assess my practice and take the necessary steps to improve my competence.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
1.9	I engage in and support others in the continuing competence program.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
1.10	I report unprofessional conduct to the appropriate person, agency or regulatory college.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4

Indicators		
1.11	I do not procure or perform female genital mutilation.	<input type="checkbox"/>
1.12	I am aware that I must report to the complaints director of the appropriate regulatory college where, while acting in my professional capacity, I have reasonable grounds to believe a regulated member of any regulated health profession has procured or performed female genital mutilation.	<input type="checkbox"/>

Indicators		What Is My Level of Competence?			
HOW DOES THE INDICATOR APPLY TO MY SPECIFIC ROLE AND PRACTICE SETTING?		KNOWS	KNOWS How	SHOWS	DOES
1.13	I ensure my fitness to practise.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
1.14	I maintain current registration.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4

Comment on your overall strengths relating to standard one.

Comment on any areas of improvement relating to standard one.



Standard 2: Knowledge-Based Practice

The registrant continually acquires and applies knowledge and skills to provide competent, evidence-informed nursing care and service.

Indicators		What Is My Level of Competence?			
HOW DOES THE INDICATOR APPLY TO MY SPECIFIC ROLE AND PRACTICE SETTING?		KNOWS	KNOWS HOW	SHOWS	DOES
2.1	I support decisions with evidence-informed rationale.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
2.2	I use resources and evidence-informed information that enhance client care and the achievement of desired client outcomes.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
2.3	I use critical thinking in collecting and interpreting data, planning, implementing and evaluating all aspects of my nursing practice.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
2.4	I exercise reasonable judgment and set justifiable priorities in my practice.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
2.5	I document timely, accurate reports of assessment data, interpretation, planning, implementation and evaluation of my nursing practice.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
2.6	I support, facilitate or participate in research relevant to health and the practice of nursing.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
2.7	I apply nursing knowledge and skill in providing safe, competent, ethical care and professional service.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
2.8	I perform restricted activities authorized under the <i>Health Professions Restricted Activity Regulation (Alta Reg 22/2023, s 60)</i> that I am authorized and competent to perform, that are appropriate to my area of practice, and that are appropriate for the client care needs.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4

Comment on your overall strengths relating to standard two.

Comment on any areas of improvement relating to standard two.

Standard 3: Ethical Practice

The registrant complies with the *Code of Ethics* adopted by the Council in accordance with Section 133 of the *Health Professions Act* and College bylaws.

Indicators		What Is My Level of Competence?			
HOW DOES THE INDICATOR APPLY TO MY SPECIFIC ROLE AND PRACTICE SETTING?		KNOWS	KNOWS HOW	SHOWS	DOES
3.1	I practise with honesty, integrity and respect.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
3.2	I identify ethical issues and use ethical and reasoned decision-making to resolve.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
3.3	I respect diversity and promote a culturally safe and inclusive environment for clients, essential care partners, and members of the health-care team.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4



Indicators		What Is My Level of Competence?			
HOW DOES THE INDICATOR APPLY TO MY SPECIFIC ROLE AND PRACTICE SETTING?		KNOWS	KNOWS HOW	SHOWS	DOES
3.4	I use trauma and violence informed approaches to care for clients, when interacting with essential care partners and with members of the health-care team.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
3.5	I protect and promote a client's right to autonomy, respect, privacy, dignity and access to information.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
3.6	I ensure my relationships with clients are therapeutic and maintain professional boundaries.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
3.7	I communicate effectively and respectfully with clients, essential care partners and other members of the health-care team to enhance client care and safety outcomes.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
3.8	I advocate for safe, competent and ethical nursing care and contribute to establishing practice environments that have the organizational and human support systems, and the necessary resource allocations.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
3.9	I promote a safe practice environment that contributes to healthy teams and therapeutic client outcomes.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
3.10	I follow ethical guidelines when engaged in any aspect of the research process.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4

Comment on your overall strengths relating to standard three.



Comment on any areas of improvement relating to standard three.

Standard 4: Service to the Public

The registrant has a duty to provide safe, competent and ethical nursing care and service in the best interest of the public.

Indicators		What Is My Level of Competence?			
HOW DOES THE INDICATOR APPLY TO MY SPECIFIC ROLE AND PRACTICE SETTING?		KNOWS	KNOWS HOW	SHOWS	DOES
4.1	I coordinate client care activities to promote continuity of health services.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
4.2	I collaborate with the client, essential care partners and other members of the health-care team regarding activities of care planning, implementation and evaluation.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
4.3	I establish and maintain therapeutic relationships.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
4.4	I effectively coordinate care or nursing service and supervise others when appropriate or required to enhance client outcomes.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
4.5	I explain nursing care to clients and essential care partners.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4



Indicators		What Is My Level of Competence?			
HOW DOES THE INDICATOR APPLY TO MY SPECIFIC ROLE AND PRACTICE SETTING?		KNOWS	KNOWS HOW	SHOWS	DOES
4.6	I articulate nursing's contribution to the delivery of health care services.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
4.7	I participate in quality improvement activities.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
4.8	I integrate infection prevention and control principles, standards and guidelines in providing care and service to protect the health and well-being of clients, staff and the public.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4

Comment on your overall strengths relating to standard four.

Comment on any areas of improvement relating to standard four.



Choose the Indicator for Your Learning Goal

After reflecting on each practice standard, identify the indicator above that will be the focus of your learning goal. You can revise your learning goal throughout the year depending on your learning needs.

Indicator Chosen
Why did you choose this indicator to focus on for the upcoming practice year?

Next Step: Move to criteria 1.2 (obtain feedback).