



**RN Self-assessment Questionnaire**  
**Non-clinical Version**

| <b>1. I take responsibility for my own nursing actions.</b>  |                          |                          |                          |                          |                          |
|--|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| <b>Relevant indicators from the Practice Standards for Regulated Members:</b>  |                          |                          |                          |                          |                          |
| <p>1.1 The nurse is accountable at all times for their own actions.</p> <p>1.2 The nurse follows current legislation, standards and policies relevant to their practice setting.</p> <p>2.8 The nurse performs restricted activities authorized under the HPA Registered Nurses Profession Regulation that they are competent to perform and that are appropriate to their area of practice.</p> <p>5.1 The nurse maintains current registration.</p> <p>5.2 The nurse follows all current and relevant legislation and regulations.</p> <p>5.9 The nurse ensures their fitness to practice.</p> |                          |                          |                          |                          |                          |
| <input type="checkbox"/>   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Rarely<br>Less than 50%  | Sometimes<br>55%         | Often<br>65%             | Usually<br>75%           | Regularly<br>85%         | Not Applicable           |
| <b>Reflect on how you demonstrate this behaviour.</b>  |                          |                          |                          |                          |                          |
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**2. I identify the effect of my values and beliefs on my nursing practice.**

**Relevant indicators from the Practice Standards for Regulated Members:**

1.1 The nurse is accountable at all times for their own actions.

1.4 The nurse practices competently.

2.1 The nurse supports decisions with evidence-based rationale.

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| Rarely<br>Less than 50%  | Sometimes<br>55%         | Often<br>65%             | Usually<br>75%           | Regularly<br>85%         | Not Applicable           |

**Reflect on how you demonstrate this behaviour.**

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**3. I acknowledge the limits of my own knowledge or ability.**

**Relevant indicators from the Practice Standards for Regulated Members:**

2.1 The nurse supports decisions with evidence-based rationale.

2.2 The nurse uses appropriate information and resources that enhance client care and the achievement of desired client outcomes.

2.4 The nurse exercises reasonable judgment and sets justifiable priorities in practice.

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| Rarely<br>Less than 50%  | Sometimes<br>55%         | Often<br>65%             | Usually<br>75%           | Regularly<br>85%         | Not Applicable           |

**Reflect on how you demonstrate this behaviour.**

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#### 4. I show initiative for my own learning.

##### Relevant indicators from the Practice Standards for Regulated Members:

2.3 The nurse uses critical inquiry in collecting and interpreting data, planning, implementing and evaluating all aspects of their nursing practice.

5.6 The nurse regularly assesses their practice and takes the necessary steps to improve personal competence.

5.7 The nurse engages in and supports others in the continuing competence process.

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| Rarely<br>Less than 50%  | Sometimes<br>55%         | Often<br>65%             | Usually<br>75%           | Regularly<br>85%         | Not Applicable           |

##### Reflect on how you demonstrate this behaviour.

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**5. I participate in changes to improve health services and/or nursing practice.**

**Relevant indicators from the Practice Standards for Regulated Members:**

1.3 The nurse questions policies and procedures inconsistent with therapeutic client outcomes, best practices and safety standards (Appendix 3).  
 2.2 The nurse uses appropriate information and resources that enhance client care and the achievement of desired client outcomes.  
 2.6 The nurse supports, facilitates or participates in research relevant to nursing.

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**Reflect on how you demonstrate this behaviour.**

**6. I use honesty and tact when conveying information.**

**Relevant indicators from the Practice Standards for Regulated Members:**

3.1 The nurse practises with honesty, integrity and respect

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**Reflect on how you demonstrate this behaviour.**

**7. I use clear verbal communication (e.g., language, speed, amount of information).**

**Relevant indicators from the Practice Standards for Regulated Members:**

**3.4** The nurse communicates effectively and respectfully with clients, significant others and other members of the **health care team** to enhance client care and safety outcomes.

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**Reflect on how you demonstrate this behaviour.**

**8. I listen and respond to others respectfully.**

**Relevant indicators from the Practice Standards for Regulated Members:**

**3.4** The nurse communicates effectively and respectfully with clients, significant others and other members of the **health care team** to enhance client care and safety outcomes.

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**Reflect on how you demonstrate this behaviour.**

**9. I compose clear and useful written communication (e.g., emails, policies, educational materials, research papers).**

**Relevant indicators from the Practice Standards for Regulated Members:**

**2.5** The nurse documents timely, accurate reports of data collection, interpretation, planning, implementation and evaluation of nursing practice.

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**Reflect on how you demonstrate this behaviour.**

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**10. I consult with nurses and others when indicated.**

**Relevant indicators from the Practice Standards for Regulated Members:**

**4.6** The nurse *participates in quality improvement activities.*

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**Reflect on how you demonstrate this behaviour.**

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**11. I collaborate with others to support the provision of health services.**

**Relevant indicators from the Practice Standards for Regulated Members:**

**4.1** The nurse coordinates client care activities to promote continuity of **health services**.

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**Reflect on how you demonstrate this behaviour.**

**12. I show a willingness to guide or teach others.**

**Relevant indicators from the Practice Standards for Regulated Members:**

**4.3** The nurse effectively assigns care or nursing service and supervises others when appropriate or required to enhance client outcomes.

**4.5** The nurse articulates nursing's contribution to the delivery of health care services.

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**Reflect on how you demonstrate this behaviour.**

**13. I treat colleagues in a respectful manner.**

**Relevant indicators from the Practice Standards for Regulated Members:**

3.1 The nurse practises with honesty, integrity and respect.

3.4 The nurse communicates effectively and respectfully with clients, significant others and other members of the health-care team to enhance client care and safety outcomes.

4.2 The nurse collaborates with the client, significant others, and other members of the health-care team regarding activities of care planning, implementation and evaluation.

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| Rarely<br>Less than 50%  | Sometimes<br>55%         | Often<br>65%             | Usually<br>75%           | Regularly<br>85%         | Not Applicable           |

**Reflect on how you demonstrate this behaviour.**

**14. I treat students in a respectful manner.**

**Relevant indicators from the Practice Standards for Regulated Members:**

3.1 The nurse practises with honesty, integrity and respect.

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| Rarely<br>Less than 50%  | Sometimes<br>55%         | Often<br>65%             | Usually<br>75%           | Regularly<br>85%         | Not Applicable           |

**Reflect on how you demonstrate this behaviour.**



**15. I treat clients and their families with respect.**

**Relevant indicators from the Practice Standards for Regulated Members:**

3.1 The nurse practises with honesty, integrity and respect.

4.4 The nurse explains nursing care to clients and significant others.

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| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Rarely<br>Less than 50%  | Sometimes<br>55%         | Often<br>65%             | Usually<br>75%           | Regularly<br>85%         | Not Applicable           |

**Reflect on how you demonstrate this behaviour.**

**16. I maintain confidentiality of client and/or other sensitive information.**

**Relevant indicators from the Practice Standards for Regulated Members:**

3.2 The nurse protects and promotes a client's right to autonomy, respect, privacy, dignity and access to information.

3.6 The nurse follows ethical guidelines when engaged in any aspect of the research process.

5.3 The nurse follows policies relevant to the profession as described in CARNA standards, guidelines and position statements

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**Reflect on how you demonstrate this behaviour.**

**17. I establish appropriate boundaries in professional relationships.**

**Relevant indicators from the Practice Standards for Regulated Members:**

3.3 The nurse ensures that their relationships with clients are therapeutic and professional.

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**Reflect on how you demonstrate this behaviour.**

**18. I take action to address ethical issues.**

**Relevant indicators from the Practice Standards for Regulated Members:**

3.5 The nurse advocates for and contributes to establishing practice environments that have the organizational and human support systems, and the resource allocations necessary for safe, competent and ethical nursing care (See Appendix 4).

5.8 The nurse reports unprofessional conduct to the appropriate person, agency or professional body.

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**Reflect on how you demonstrate this behaviour.**

**19. I demonstrate the professional behaviour expected of a nurse.**

**Relevant indicators from the Practice Standards for Regulated Members:**

2.7 The nurse applies nursing knowledge and skill in providing safe, competent, ethical care and service.

4.7 The nurse integrates infection prevention and control principles, standards and guidelines in providing care and service to protect the health and well-being of clients, staff and the public.

5.4 The nurse practices within the legislated scope of practice of the profession.

5.5 The nurse practices within their own level of competence.

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| Rarely<br>Less than 50%  | Sometimes<br>55%         | Often<br>65%             | Usually<br>75%           | Regularly<br>85%         | Not Applicable           |

**Reflect on how you demonstrate this behaviour.**

**Is there anything else you would like to acknowledge about your professional behaviors (e.g., your strengths or areas for professional improvement)?**