Nursing Week Coming Up
May 12-18, 2008
Order your free celebration kit while they last.
See page 19 for details.

Distressed? Don’t miss this unique event held in conjunction with the CARNA Awards Gala Dinner on May 22, 2008 and supported by TD Meloche Monnex.

Early bird registration ends April 25. Fax or mail the registration form inside or register online today at www.nurses.ab.ca.
Carna Provincial Council

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Carna Provincial Council Meeting
March 17-18, 2008
All CARNA members are welcome to attend.
To confirm your attendance, please contact:
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President’s Update

What Really Matters

As health-care providers, we have a view of the health-care system and possibly our own roles as registered nurses that may be quite different from the perspective of the people we serve. While there is a growing public awareness that registered nurses (RNs) are professional caregivers, administrators, researchers and educators who possess particular knowledge, education and skill, it is our ability to provide compassionate care that is particularly valued by the public. Recently, I have been allowed to experience healthcare from the perspective that should matter most – that of the patient.

During the past 18 months, I have had several surgical procedures and have received care from a number of RNs. I have been able to both observe and experience surgical nursing first-hand. First of all, it was clear to those of us receiving care that the RNs were overworked and that units are understaffed. Yet, I received consistently excellent nursing care. And it wasn’t just me. During my post-operative period, as I walked down the hallway and talked to other patients, they all said that their nursing care was very good. More than that, they said that they felt the RNs really cared about them.

Nurses working on medical-surgical wards are caring for individuals who are often in pain, scared and vulnerable. The nurses who cared for me demonstrated an outstanding ability to establish rapport and understand the concerns and experience of the patient. I was impressed by the ability of experienced and skilled RNs to establish this rapport not only at the bedside but during a brief telephone interview and on the unit prior to same-day admission surgery.

I also saw excellence in the role of the clinical nurse educator. Experts themselves, they were committed to helping RNs develop the skills and knowledge required to meet the needs of their patients. The efforts of all the nurses were supported by a visible manager who supported their staff and ensured that patients received the appropriate care.

My personal experiences have confirmed my belief that general medical-surgical nursing is a specialty with a particular skill-set and knowledge that needs to be recognized. That is why I was very happy last year when the Canadian Association of Medical and Surgical Nurses (CAMSN) received emerging group status with the Canadian Nurses Association (CNA). Medical-surgical nurses form the largest single group of nursing professionals in healthcare and, through CAMSN, will have an avenue for national recognition of excellence and competence in practice through a national certification program.

Now, more than ever, a “nurse is not a nurse is not a nurse.” The diversity in our profession is reflected by the many areas of specialty certification offered by CNA. Registered nurses can choose to become certified in one of 17 specialty areas which build on an individual’s education and clinical experience in their area of choice. Certification helps RNs stay current by testing their specialized knowledge and skills, and giving them a trademarked credential after their name to designate certification and validate competency in the specialty. Hopefully, medical-surgical nursing will soon become the 18th specialty area certified by CNA.

The professionalism, compassion and expertise of the surgical nurses who cared for me made me proud to be a registered nurse. It reaffirmed that the care provided by registered nurses really does make a difference.

There is another way registered nurses can make difference for Albertans – by taking an active interest in the provincial election. The CARNA website has information on issues that can help you stay informed and ask questions relevant to nursing of the political candidates running in your riding. It is extremely important to elect candidates who will commit themselves to addressing the nursing shortage, finding efficiencies in health delivery, tackling determinant of health issues and investing in the future health of Albertans. Please make a point of voting. Individually and collectively, our votes do make a difference. RN

Margaret Hadley, RN, MN
E-mail: president@nurses.ab.ca
Phone: 780.466.6566

Bound by paperwork, short on hands, sleep, and energy... nurses are rarely short on caring.

— Sharon Hudacek, “A Daybook for Nurses”
An RN shares a dramatic and humbling episode from his nursing career

BY DONALD J. MACLELLAN, RN

IN 1978,

I left the dizzy heights of nursing administration at Aberdeen Royal Infirmary to join the Shell Oil Company in their exploration and production division.

My role was that of an offshore medic, similar to a nurse practitioner. The job included first aid, nursing, primary care, prescribing and dispensing medicines and treating major trauma. There was also occasional dentistry.

The work was interesting and varied and required 12-hour shifts, with an “on-call” for the remaining 12 hours, as there was only one medic per installation (oil rig). I had 150 to 220 people in my care. I worked one week on and one week off.

In 1981, I was seconded to Bristow Helicopters, who were contracted to Shell to work in an area called the East Shetland Basin, which covered the North Sea between Scotland and Norway. The installation where these operations were centered was a flotel (floating hotel) called Treasure Finder. This vessel was unique in that it had accommodation for 500.

I was one of two medics covering this installation, which had a helicopter hangar with four Bell 212 helicopters.

The day shift was shuttled to various production platforms and the night shift brought back, principally in the Brent, Dunlin and Cormorant fields. (Shell’s installations are all named after birds).

One of the helicopters was assigned a search and rescue role and was on-call to any installation, supply vessel drilling rig or fishing boat.

At the end of the summer, once a large part of the maintenance work had been completed, Treasure Finder went to Norway for a refit. Whilst the installation was in Norway we were required to stay with the vessel, to ensure the security of the property.

The medic, who was working on the opposite shift to me was called John (not his real name, for reasons of confidentiality). I approached him and suggested it would be a good idea if we were to work two weeks on and two weeks off, to cut down our traveling time from Norway to U.K. Both parties thought this was a good idea.

The refit completed, John traveled back on Treasure Finder for the two-day journey to the East Shetland Basin. The night of Treasure Finder’s return to the East Shetland Basin they received an emergency call on the VHF marine band radio from a diving support vessel 25 nautical miles to the north; a man had been hit on the abdomen when a hydraulic line under pressure had parted from its housing. The patient appeared to have internal bleeding.

Before the helicopter was dispatched, a doctor, who had been working with us for several months to gain experience in North Sea health care, joined this rescue
Every RN has a story to tell. Each month, CARNA regional coordinators share one of these special stories with RNs across the province in a column called RN to RN in the Take Note newsletter. Each one-page issue features a short story (about 200 words) provided by an RN along with nursing news and or events specific to your region.

If you have a story to share about a memorable or meaningful moment in your nursing practice or would like to receive a copy of Take Note, contact your regional coordinator. Phone numbers are listed on page 2 of Alberta RN or go to www.nurses.ab.ca to contact by e-mail.
An increasing number of CARNA members are choosing to renew their practice permit online and CARNA continues to evaluate hardware, software and administrative processes related to renewal, both online and on paper. The graphs shown here represent preliminary data extracted shortly after the latest renewal period ending Sept. 30, 2007. A variety of quantitative data will be analyzed to help us target improvements to the renewal process and other services.

**Online vs. Paper Renewals by Year**

As of the first week of October 2007, 57 percent of members (16,496 of 29,098) had renewed online for the 2008 practice year.

**Renewal Mode by Age**

The data indicates that 60 to 70 percent of members between the ages of 26 to 45 renewed online, the highest rate among RNs in all age groups. Although RNs aged 61 and over showed the lowest ratio of members renewing online, more than 20 percent of members over 65 renewed online.

**Renewal Mode by Gender**

Although the total number of female CARNA members is significantly larger than the total number of male members, the percentage of female members renewing online was slightly lower than the percentage of male members renewing online.

**Online Renewal by Time of Day**

The peak times for RNs to renew online occurred between 10 a.m. and 4 p.m. However, the data also shows that some members seem to prefer renewing after 10 p.m.
As a requirement of 2008 registration renewal, registered nurses, certified graduate nurses and nurse practitioners not only reported the priority indicators selected as priority focus for professional development, but also reported on the implementation of their continuing competence learning plans during the 2007 practice year. The following charts describe some of the preliminary aggregate data retrieved from our member database which will be used to help fulfill CARNA’s commitment to support member compliance with the Continuing Competence Program and to support the ongoing development of professional practice.

### Achievement of Learning Goals
A large majority of members reported that they had achieved their learning goals with a smaller proportion indicating partial achievement.

### Practice Changed as a Result of Learning Goals
The overwhelming majority of RNs, CGNs and NPs who renewed their practice permit during August and September 2007 indicated that the learning plan they had developed for the Continuing Competence Program influenced their nursing practice. Less than one per cent of members indicated no change as a result of implementing their learning plan.

### Influence of Learning on Practice
At renewal, members reported how the implementation of their learning plan influenced their nursing practice by selecting from a list of possible outcomes. The most common response selected was increased knowledge/skill/competencies.
While numerous improvements in patient safety have been on the national agenda, medication errors and healthcare-associated infections (HAIs) top the list. Both of these serious problems have received widespread attention, and rightfully so. In its 2006 report, Preventing Medication Errors, the Institute of Medicine reported that medication errors were among the most common medical errors, harming at least 1.5 million people in the U.S. each year and costing more than $3.5 billion annually for preventable drug-related injuries in hospitals alone.1

These two risks—medication errors and HAIs—sometimes converge, particularly when basic handwashing does not occur between patient contact during medication administration (compliance rates have been cited between 25 to 50 per cent),2 and when aseptic technique is not maintained during preparation and administration of injectable medications and solutions. Institute for Safe Medication Practices (ISMP) has previously published reports of hepatitis outbreaks and infectious diseases caused by the improper use of syringes and multiple-dose vials. However, there are several other unsafe medication-use practice habits that place patients in danger of an infection, two in particular that we frequently observe:

- **IV tubing not capped:** The failure to place a sterile cap on the end of a reusable IV administration set that has been removed from a primary administration set, saline lock, or IV catheter hub and left hanging in between use
- **Port not cleaned:** The failure to properly disinfect the port when accessing needle-free valves on IV sets.

In the first instance, the tip of the IV administration set is exposed to potential contaminants, which could lead to infection if the nonsterile IV set is reconnected to the patient’s IV access. In the second instance, the port is exposed to potential contaminants that can be pushed into the IV line once the port has been accessed by tubing or a syringe.

These risks are unexpected outcomes associated with needleless IV systems. Before the introduction of needleless systems, nurses typically replaced the needle used to connect the infusion to the IV tubing with a new sterile, capped needle to prevent contamination between uses. Now it appears that some nurses are not considering the risk of contamination and may not be placing a sterile cap on the exposed tubing. A nurse we heard from recently supported this premise when she reported that physicians and nurses caring for her hospitalized mother were offended when she offered them alcohol swabs to disinfect the IV port when it looked like they were not going to follow through on this process. While needleless systems have dramatically reduced the risk of needlestick injuries, some have speculated that the lack of a needle or cannula on a syringe, or at the end of the tubing, may suggest that protection and disinfection is not required.

See **check it out**! in the right column for actions to reduce the risk of blood stream infections when attaching IV tubing from a secondary set to a port in the primary tubing.

**REFERENCES:**


3) Infusion Nurses Society. Infusion Nursing Standards of Practice. 2006; Philadelphia, PA: Lippincott Williams & Wilkins.

HQCA allowed to collect survey information

In September 2007, an investigation by the Office of the Information and Privacy Commissioner determined the Heath Quality Council of Alberta (HQCA) has authority to collect health and personal information necessary to conduct a survey about the quality of care in Alberta emergency departments.

The issue came to light following a complaint to the commissioner’s office from an individual who had received an 80-page survey by mail, which contained a covering letter that included some of his health information. The health information had been provided to HQCA by the David Thompson Health Region (DTHR) so that a sample of patients could be selected to survey. The individual questioned how HQCA obtained his health information and its efforts to secure the information.

The investigation concluded that DTHR had authority to disclose health information to HQCA, who had the authority to collect the information under the Health Information Act and the Freedom of Information and Protection of Privacy Act. The investigation also found that HQCA had conducted a Privacy Impact Assessment prior to conducting the survey and had taken reasonable steps to secure the information.

To view Investigation Report H2007-IR-001 please visit the website of the Information and Privacy Commissioner at www.oipc.ab.ca.

Key Themes in Nursing Roles Identified in Alberta Nursing Study

Nursing researchers in Alberta have released findings of the first phase of a study to enhance the effectiveness of the registered nurse (RN) role in the Calgary Health Region, Capital Health Region and David Thompson Health Region. Phase One of the “Optimizing the Practice of Registered Nurses in the Context of an Interprofessional Team in Primary Care” study was started in January 2007 to improve understanding of current nursing roles in primary care settings and identify opportunities to improve utilization of nurses’ education, knowledge and skill for the benefit of patients.

Researchers conducted 43 interviews: 25 with nurses (RNs, LPNs, CNS and NPs) and 18 with other stakeholders (managers, physicians and others) and identified the following key themes:

- The role of nursing in primary care is evolving. The extent of responsibility directly relates to experience and age.
- Some sites had few or no nurses working in primary care settings.
- RN roles varied from a focus on administrative activities and physician assistance to specialty roles in chronic disease management and mental health nursing.
- RNs employed in specialty roles described their practice as patient teaching, care coordination, clinical functions, administrative tasks and some technical tasks.
- Although many RNs are now working in non-traditional roles, many are not working to the full scope of their abilities.
- The role of nurses has and continues to evolve toward optimization.
- Barriers to optimizing nursing roles include increasing workloads, the inability to work as a fully-functioning team member, space and resistance to change.
- The responsibility of facilitators in moving toward optimization is to clearly define the RN role, clarify the roles of other health-care team members, increase physician involvement and provide technology to facilitate communication and cooperation between RNs and other providers.

Phase two of the study is underway and focuses on the redesign of RN roles to optimize their practice. Using data collected in the first phase, phase two will include collection of more detailed information, through practical sources such as job shadows, to plan and implement a job redesign for RNs in the three primary care networks. Final results will be available in the fall of 2009. A year after the study concludes and the redesign is implemented, follow-up data will be collected from patients, RNs and other stakeholders, such as physicians, to assess its success.

The study is supported with funding from the Canadian Institutes of Health Research and the Alberta Heritage Foundation for Medical Research. Calgary Health’s Director of the Health Systems and Workforce Research Unit, Dr. Jeanne Besner, and University of Alberta Faculty of Nursing Professor, Dr. Jane Drummond, are principal investigator and co-principal investigator, respectively, for the study.

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David Thompson Health Region
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Discipline Decisions

CARN A Member
Registration number: 77,377
The Hearing Tribunal made a finding of unprofessional conduct against member #77,377 who, while working with pediatric patients, failed to chart adequately; failed to recognize deteriorating respiratory status; failed to report the change in status; allowed the family of a child with partial airway obstruction to take the child to the OR unaccompanied by an RN; failed to assess adequately; fed an infant while the infant was in respiratory distress, placing the infant at risk of aspiration; failed to follow direction of the clinical nurse educator; demonstrated a lack of understanding of a situation of respiratory distress of an infant; inappropriately charted a personal opinion regarding therapy; and while working in another setting, inappropriately charted a personal opinion in the nursing notes. The Hearing Tribunal ordered a reprimand; courses in charting and assessment; a detailed report from a psychiatrist confirming fitness to practice with possible ongoing medical reports; and supervised practice. The Hearing Tribunal restricted the member to working under supervised practice or doing clinical in a college nursing program pending satisfactory completion of the supervised practice. Conditions shall appear on the member’s practice permit. Failure to comply with the Order may result in suspension of CARNA practice permit.

CARN A Member
Registration number: 77,304
The Hearing Tribunal made a finding of unprofessional conduct against member #77,304 who, on several occasions, pilfered zopiclone for her own personal use and falsified Pyxis records by withdrawing zopiclone using the names of patients who did not receive the medication. The Tribunal ordered a reprimand. The Tribunal reviewed the medical reports and ordered two further reports from a physician. The Tribunal ordered a performance evaluation from the member’s current employer covering the next year after the hearing and restricted the member to working for her current employer unless she obtains prior permission to work elsewhere. Conditions shall appear on the member’s practice permit until satisfied. Failure to comply with the Order may result in suspension of CARNA practice permit.

CARN A Member
Registration number: 54,824
The Hearing Tribunal made a finding of unprofessional conduct against member #54,824 who stole Demerol and morphine from her employer for personal use; falsified Pyxis machine information using patient identities to cover the theft; created false medication administration records in Pyxis for patients; and self-injected narcotics at work. The Tribunal issued a reprimand and confirmed that the member had provided satisfactory medical reports to the Tribunal confirming the member is fit to commence a period of supervised practice and ordered a period of supervised practice. Conditions shall appear on the member’s practice permit. Failure to comply with the Order may result in suspension of CARNA practice permit.

CARN A Member
The Hearing Tribunal made a finding of unprofessional conduct against a member who failed to respond in a timely manner when a nursing attendant expressed concern about the deteriorating condition of a patient; and charted inaccurately as the member failed to identify which actions were done and observations were made by other staff. The Tribunal reprimanded the member.

CARN A Member
The Hearing Tribunal made a finding of unprofessional conduct against a member who worked for a short period of time with a new employer after being told that the Panel-of-Council (on appeal) had reinstated the Order of the Hearing Tribunal on an interim basis so that she was restricted to working under supervised practice for a previous employer. The Hearing Tribunal noted that the member had been under significant sanctions from the previous discipline hearing, and since the incident which is the subject of the current hearing, worked diligently to comply with the sanctions of that previous Order, and has now fully complied. The Hearing Tribunal issued a reprimand.

CARN A Member
The Hearing Tribunal made a finding of unprofessional conduct against a member who while working as a home care nurse, inappropriately stored client charts in her car, clients’ homes and her own home; had boxes of client information in her office, some of which was four years old and had never been filed on the client charts; failed to file hepatitis C and C. difficile alerts on a client record; lost or misplaced 12 home care client charts; and despite being put on a work plan to address issues of documentation, continued to breach employer charting policies by failing to complete or file documentation on client files. The Hearing Tribunal issued a reprimand. As the member stated her intention to retire from nursing, the Tribunal accepted her undertaking not to practice as a registered nurse. In the event she wants to return to nursing, she must first pass courses in charting; responsible nursing, community health nursing and home care nursing. Thereafter, she must do a period of supervised practice. Conditions shall appear on the member’s practice permit. Failure to comply with the Order shall result in suspension of CARNA practice permit.

CORRECTION
In January 2008, Alberta RN cited two different CARNA member registration numbers in relation to a finding of unprofessional conduct against member #42,642. Alberta RN apologizes for any confusion or inconvenience caused by this error.
MEMBER WANTED!

Carna Conduct Decision Review Committee

One vacancy with three-year term beginning March 2008

The Conduct Decision Review Committee (CDRC) reviews conduct decisions to identify significant trends and issues that affect the ability of Alberta’s RNs to provide safe, competent and ethical nursing care. It provides an excellent opportunity for RNs who want to make a difference by examining what resources are needed to support nurses in their practice. If you are an RN seeking an opportunity to advance the profession by sharing your knowledge and experience, you are invited to apply for a volunteer position on CDRC.

Qualifications

• minimum three years experience as a direct care provider in a continuing care/long-term care setting
• live in the CARNA Central Region

NOTE: Members of CARNA regulatory committees cannot apply for membership on this committee.

Expectations of members

• attend four to five full-day meetings per year at the CARNA provincial office in Edmonton
• commit to preparatory time for meetings
• serve one three-year term ending in February 2011

CARNA reimburses committee members for travel expenses related to committee meetings and offers a salary replacement/per diem to compensate members for time away from work. Orientation and relevant reference materials are provided to all committee members.

How to Apply

For an application form, please contact Ruby Sutton at 780.453.0522 or 1.800.252.9392, ext. 522 or download the application form at www.nurses.ab.ca.

If you have questions about the work of the committee, or the expectations of members, please contact Marie-Andrée Chassé, Nursing Consultant — Policy and Practice at 780.451.0043 or 1.800.252.9392, ext. 526.

Application deadline is March 31, 2008.

Call for Voting Delegates for CNA Biennium

Carna is seeking members to serve as voting delegates at the annual general meeting of the Canadian Nurses Association being held in conjunction with the Biennial Convention, June 16–18, 2008 in Ottawa. If you are planning to attend the annual meeting/convention and would like to be considered as a voting delegate, CARNA would like to hear from you. Orientation will be provided. Expenses will not be covered.

Duties of voting delegates

• Attend all business sessions and caucus meetings for the duration of the Biennium.
• Be present to vote—or ensure that CARNA’s president is contacted if you are unable to vote in person so that your vote can be reassigned.
• Represent the interests of Alberta’s 30,000 registered nurses.

To submit your name for consideration, please send the following information to CARNA:

Name
Address
CANA Region (Northwest, Northeast, Edmonton/West, Central, Calgary/West, South)
Registration number

Send to Diane Wozniak by e-mail at dwozniak@nurses.ab.ca or by fax at 780.452.3276.

Delegates will be notified by March 21, 2008.

For more information, contact Diane Wozniak at 1.800.252.9392 ext. 525.

Deadline for submission is March 12, 2008.

Accolades

Geraldine Nakonechny, BScN, MEd, PhD

In October 2007, the former dean of health and community studies division at Grant McEwan College in Edmonton, Dr. Geraldine Nakonechny, was invested with the Order of Canada by her Excellency the Right Honourable Michaëlle Jean, Governor General of Canada.

Dr. Nakonechny has made important contributions to nursing. Since devising one of the first e learning systems in Canada for occupational health and gerontology nursing courses, she has set up similar programs in Australia and Ukraine. She has also developed international student exchange programs and led a Canada-Russia joint program to establish regulatory networks and enhance the role of nurses. Through her ability to foster the sharing of knowledge, methods and practices, she has greatly influenced the quality of nursing education worldwide.

The Order of Canada, our country’s highest civilian honour, was awarded for the first time in 1967.
If you care about the profession of registered nursing, you have what it takes to be a provincial councillor. The Elections and Resolutions Committee is seeking candidates for Provincial Council. One provincial council member is needed from each of the following CARNA regions to serve for a three-year term:

- Edmonton/West*
- Central
- Calgary/West
- South

* In addition, as CARNA did not receive nominations from Edmonton/West in the 2007 election, a second provincial council member is needed from that region to serve a two-year term. The term has been adjusted to maintain a one-third turnover rate.

We need RNs with your knowledge, experience and dedication to maintain the regulatory framework that defines us and to help shape the future of nursing in this province. Orientation to the role of provincial councillor will be provided.

**OPPORTUNITIES**

- play a crucial role in self-governance for Alberta’s registered nurses
- work collaboratively to find solutions to nursing issues
- meet nursing colleagues who share your passion for nursing at the provincial and national levels
- develop and expand your leadership abilities as you help govern the nursing profession in Alberta
- work with leaders who are shaping nursing in Alberta
- learn from the knowledge and nursing experience of colleagues on council

**RESPONSIBILITIES**

- prepare for council meetings
- time commitment of 15 to 20 days per year, including:
  - orientation session at the beginning of your term
  - two-day or three-day provincial council meetings in Edmonton four times per year
  - annual general meeting and two-day conference
  - committee meetings, special meetings and/or retreats as necessary
- participate actively in discussions while respecting other opinions
- commit to council decisions
- link with the public and the membership, and bring their input to council
- act on behalf of, and be accountable to, the public and the membership as a whole rather than specific areas or groups

**QUALIFICATIONS**

- registered nurse
- resident of the CARNA region in which you are nominated

**Take the Next Steps**

1. Obtain a nomination form by:
   - calling the CARNA provincial office at 1.800.252.9392 ext. 525 or 780.453.0525
   - contacting the acting chair of the Elections and Resolutions Committee, Debbie Elliott, at 780.735.2363 or e-mail elliott3@shaw.ca
   - downloading the form from the CARNA website at www.nurses.ab.ca

2. Complete the nomination form.

3. Submit the nomination form by April 1, 2008 by mail or courier to:
   CARNA Elections and Resolutions Committee
   11620-168 St.
   Edmonton, AB T5M 4A6
   While a copy of the form may be faxed to 780.452.3276, the completed originals must be received at the CARNA provincial office by April 1, 2008.
Not long ago, when I was on one of the in-patient units, the subject of appreciation came up. The staff and I discussed how little we receive it and how seldom we offer it.

A friend and colleague of mine had recently resigned from her supervisory position. Her staff showed me a card they had received from her, thanking them for their support over the years. One of the nurses said she didn’t know if they ever told my friend how much they appreciated her and wasn’t it sad that we wait until someone is leaving before we tell them. I agreed with her whole-heartedly and shared what I’m learning about appreciation from a coaching program I am enrolled in.

I’ve been asked to do an exercise to help create a habit of appreciation. I am to find ways to express my appreciation to five people every day for three weeks. It doesn’t matter how, verbal or written, but I must keep a journal of the experiences for myself.

I began by paying attention to the contributions of others. Then, as I looked for things to be grateful for, or appreciative of, it became easier and easier to identify these situations. Redirecting my thinking from pointing out the negative to acknowledging the positive was uplifting for me and to those who are expressing their appreciation by dismissing it. Who am I to tell them not to bother being grateful for something I did or said? How bold it is of me to assume I am not willing to accept a gift from another person – the gift of appreciation.

At first, it felt awkward putting this into practice. It was difficult for me to muster more than a simple thank you. Over time my praises have become more specific and focused and, therefore, feel more sincere to me (and I hope to the person I am giving them to).

We appreciate your interest and support in the work that we are doing. The numerous e-mails and notes of thanks continually renew our belief in this work and ourselves.

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EDMONTON III
3rd Annual Conference on Enhancing Safety in Home, Community and Long Term Care
Feb. 25-27, 2008. Edmonton

6TH ANNUAL TUBERCULOSIS CONFERENCE
It’s a Small World
March 13-14, 2008. Edmonton
CONTACT: Norma Jean Olivier, 780.988.0707, tbconference@shaw.ca, www.515.ab.ca/tbconference

TAKING THE PAIN OUT OF COMPLEX PAIN MANAGEMENT
April 11-12, 2008. Edmonton
CONTACT: GRHEdServices@capitalhealth.ca

BUILDING INTEGRATED HEALTH SYSTEMS
A National Symposium
Nov. 22-24, 2008. Edmonton
CONTACT: Buksa Conference Management, 780.436.0983 Ext. 229, ihs@buksa.com

CANADIAN AGENCY FOR DRUGS AND TECHNOLOGY INVITATIONAL SYMPOSIUM
Beyond the Evidence: Making Tough Decisions
April 28-29, 2008. Edmonton
CONTACT: symposium@cadth.ca, www.cadth.ca

WOUND CARE: CHAMPIONS FOR CHANGE
Oct. 6, 2008. Edmonton
CONTACT: GRHEdServices@capitalhealth.ca

END-OF-LIFE CARE
Nov. 22-24, 2008. Edmonton
CONTACT: www.capitalhealth.ca/EndofLifeCare

CALGARY/WEST
6TH ALBERTA RESPIRATORY DISEASE SYMPOSIUM
April 17-20, 2008. Banff
CONTACT: Lynelle Watt, 780.492.1909, lynelle.watt@ualberta.ca, www.ARDS2008.com

NATIONAL EMERGENCY NURSES AFFILIATION ANNUAL CONFERENCE
Emergency Nursing: No Mountain Too High
May 6-10, 2008. Banff
CONTACT: www.nena.ca

CALGARY/WEST ANNUAL NURSING WEEK DINNER
Big Birthday Bash!
May 12, 2008. Calgary
CONTACT: Sarah Kopjar, 403.282.4095, skopjar@shaw.ca or Chris Davies, 403.932.7243, cdavies@nurses.ab.ca

CARNA AWARDS GALA 2008
Celebrating Nursing Excellence
May 22, 2008. Calgary
CONTACT: TL2 Conference and Event Management, 780.419.6070, events@tl2.ca or www.nurses.ab.ca

BETWEEN A ROCK AND A HARD PLACE
When Healthcare Providers Experience Moral Distress
May 23, 2008. Calgary
CONTACT: TL2 Conference and Event Management, 780.419.6070, events@tl2.ca, www.nurses.ab.ca

CANA ANNUAL GENERAL MEETING
May 23, 2008. 1200-1330 hrs. Calgary
CONTACT: TL2 Conference and Event Management, 780.419.6070, events@tl2.ca, www.cna-aiic.ca

CENTRAL
CENTRAL ALBERTA AIDS NETWORK SOCIETY’S 9TH ANNUAL HARM REDUCTION CONFERENCE
Who Cares? Valuing Life and Health
March 26-27, 2008. Red Deer
CONTACT: Jennifer Vanderschaeghe, 403.346.8858, infor@harmreduction.ca, www.albertaharmreduction.ca

NATIONAL
CENTRE FOR HEALTH SERVICES AND POLICY RESEARCH CONFERENCE 2008
Evidence Soup for the Policy-Maker’s Soul
March 4-5, 2008. Vancouver
CONTACT: www.chspr.ubc.ca

3RD NATIONAL BIENNIAL CONFERENCE ON ADOLESCENTS AND ADULTS WITH FETAL ALCOHOL SPECTRUM DISORDER
FASD and Mental Health: The Wisdom of Practice
April 10-12, 2008. Vancouver
CONTACT: UBC Interprofessional Continuing Education, 604.822.7524, ipad@interchange.ubc.ca, www.interprofessional.ubc.ca

DIABETES EDUCATOR COURSE 2008
May 12-15, 2008. Vancouver
CONTACT: www.interprofessional.ubc.ca

NATIONAL HEALTHCARE LEADERSHIP CONFERENCE
Regionalization: Lessons Learned or Lessons Lost?
June 2-3, 2008. Saskatoon
CONTACT: www.healthcareleadership-conference.ca

CARNA ANNUAL GENERAL MEETING
May 23, 2008. 1200-1330 hrs. Calgary
CONTACT: TL2 Conference and Event Management, 780.419.6070, events@tl2.ca, www.nurses.ab.ca

CANADIAN NURSES ASSOCIATION 2008 BIENNIAL CONVENTION AND ANNUAL MEETING
Be the Change
June 15-18, 2008. Ottawa
CONTACT: www.cna-aiic.ca

Please see page 17 for list of CARNA Education Sessions offered in your region.
Reunions

**Foothills Hospital School of Nursing**
*Class of 1978 • 30-year reunion*
Oct. 3-5, 2008. Comox, B.C.
CONTACT: Shirley Revitt 403.238.3889; revitt@shaw.ca

**Lethbridge College Nursing Alumni**
*Wine and Cheese Reception*
May 16, 2008
CONTACT: www.Celebrating50.ca

**Misericordia Community Hospital School of Nursing**
*Class of 1983 • 25-year reunion in 2008*
CONTACT: Donna Weir, 780.464.2771, donnalynweir@shaw.ca or Kathleen Waterhouse (Leonard), kwaterhouse@nurses.ab.ca

**Mount Royal College School of Nursing**
*Class of 1988 • 20-year reunion*
Sept. 27, 2008
CONTACT: Viola Routly, 403.944.7800, 403.239.7833 or cell: 403.860.5578, viola.routly@calgaryhealthregion.ca

**CARN Speciality Practice Groups**
Contact your CARN regional coordinator or go to www.nurses.ab.ca.
RN Library

The latest books, documents and audio-visual titles acquired by the CARNA Library.

To reserve these and other titles, CARNA members can contact the library Monday through Friday, 9 a.m. to 4 p.m. at 1.800.252.9392 extension 533, or visit www.nurses.ab.ca any time to access the library catalogue and CINAHL (Cumulative Index to Nursing and Allied Health Literature database).


IN MEMORIAM

Our deepest sympathy is extended to the family and friends of:


Pudde, Janine (Pain), a 1991 graduate of the University of Alberta school of nursing, who passed away in Edmonton on Feb. 4, 2007.

Raham-Siebert, Dorothy (Crossweller), a 1927 graduate of the University of Alberta school of nursing, who passed away on Nov. 14, 2007.

Lang, Laurie, a 1988 graduate of University of Alberta school of nursing, who passed away Nov. 23, 2007.


Meet your new regional coordinator for CARNA Edmonton/West region

Alison Adams, RN, BScN, CDE

CONTACT: 780.756.0551
E-MAIL: aadams@nurses.ab.ca

Alison Adams is currently employed on a casual basis as a diabetes nurse educator for Capital Health’s regional diabetes program. Previous employment experience includes working at the Misericordia Hospital in general surgery, on a nephrology unit at the University of Alberta Hospital and in acute care at the Westview Health Centre in Stony Plain. Alison graduated from the University of Alberta faculty of nursing in 2003.

ROLE

Regional coordinators facilitate two-way communication with CARNA members where they live and work by:

- attending nursing meetings to hear concerns and issues
- directing concerns and issues to appropriate persons/committees of CARNA
- acting as a resource for information from CARNA
- providing educational opportunities for RNs on topics such as *Nursing Practice Standards*, the *Health Professions Act* and the Continuing Competence Program
- providing information about the nursing profession and the role of CARNA
- organizing and supporting regional volunteer activities and special events

Alison will provide regional coordinator services to members in Edmonton/West region in cooperation with Regional Coordinator Penny Davis.

CARNA REGIONAL COORDINATOR PROGRAM

*A resource and communication link for Alberta RNs*
Continuing Competence
This session provides an overview of the continuing competence process, information about how to document your continuing competence activities and information about the continuing competence questionnaire and document audit. Participants will have the opportunity to ask questions.

Paperwork or Patient Care—What Matters?
This session will focus on best practices in documentation that support RNs in the provision of safe, competent and ethical care. The CARNA resources for this session are Nursing Practice Standards (March 2003) and Documentation Guidelines for Registered Nurses (September 2006).

New topics planned in 2008:
Addressing Unsafe Practice Situations
Understanding the Conduct Process

Go to www.nurses.ab.ca for the most current listing
Best Practices Resources for RNs

March 11, 2008–Edmonton
March 13, 2008–Calgary

Register by Monday, March 3, 2008

How to Register

Online at www.nurses.ab.ca
By phone: 780.732.5299
Fax the completed form to: 780.452.3276
Mail the completed form to:
11620-168 Street
Edmonton, AB
T5M 4A6

Please register me for the following session:

☐ March 11, 2008
  Edmonton
  10:00-11:00
  CARNA Office
  11620-168 Street

☐ March 13, 2008
  Calgary
  14:30-15:30
  Coombs Lecture Theatre
  Foothills Hospital

Keeping up to date with best practice information can be a challenge. This presentation will explore the use of the Canadian Nurses Association web portal NurseOne and the resources available in the CARNA library to search for information to support evidenced-based practice. Participants will gain an increased awareness of resources for best practice information.

Registration is on a first come, first serve basis.
Deadline for registration for both sessions is Monday, March 3, 2008.

NAME

ORGANIZATION (OPTIONAL)

ADDRESS

DAYTIME PHONE

E-MAIL
CARNA wants to help you honour the positive difference RNs make in the lives of patients and their families.

Order your free Nursing Week kit to celebrate RNs as leaders, innovators and skilled-care providers. Each kit contains 25 rulers, 25 pens, 25 notepads and posters to support your celebration.

Visit www.nurses.ab.ca to order your free Nursing Week celebration kit or contact Diane Wozniak at:

780.453.0525
1.800.252.9392 ext. 525
dwozniak@nurses.ab.ca

Deadline to order kits is Friday April 25, 2008.
think Opportunity

Take your career to a new level with MacEwan’s Post-Basic Nursing Practice program, focusing on Hospice Palliative Care and Gerontological Nursing. This innovative program, offered through distance delivery, provides you with the opportunity to balance your studies with professional commitments and family responsibilities.

Societal demographics, such as our aging population, have created an unprecedented need for nurses to specialize in these key areas.

For more information call (780) 497-5727 or visit www.MacEwan.ca/postbasic

---

Nurses: Looking for a change? Consider the challenge of Correctional Nursing!

The Calgary Correctional Centre (Alberta Solicitor General and Public Security) has opportunities for GN, RPN, and RNs. Our healthcare department celebrates Nurses who appreciate autonomy and are passionate about making a difference. Nurses at Calgary Correctional Centre benefit from free parking, a uniform allowance, and no night shifts. If you want to work in an environment that is interesting, rewarding, and allows for independent creative thinking, CONSIDER CORRECTIONS!

Please direct any inquiries to:
Tiffany Murray, Healthcare Manager
Calgary Correctional Centre
(403) 662-3723 or fx (403) 297-3440 or tiffany.murray@gov.ab.ca

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RNs, LPNs & EMT-As
Permanent Part Time and Part Time
Family Practice Clinics in Edmonton and Calgary
Please submit resumes to:
#204, 10458 Mayfield Road, Edmonton, Alberta T5P 4P4
Fax (780) 484-6531 Email hrcdm@medcentres.com
or
#401, 3508 - 32 Avenue, N.E. Calgary, Alberta T1X 6Z2
Fax (403) 250-6730 Email hrcal@medcentres.com
Only applicants being considered for interviews will be contacted.

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HIGH-CREST ENTERPRISES LTD.

Can you hear the ocean? Can you smell the salty air? Missing the Maritimes?

High-Crest Enterprises Limited is one of the largest and most innovative long term care companies in Northern Nova Scotia. We offer a continuum of programs and services based on our Mission, Beliefs and Core Values. We offer our staff competitive benefits, chance for advancement and continuing education programs. We are looking for dynamic individuals to be part of the High-Crest Enterprises team and are currently accepting applications for full time Registered Nurses.

Contact: High-Crest Enterprises Ltd.
250 Main Street, Antigonish, NS
B2G 2C2
Fax: 1 902 863 0400
thepeoplewhocare@high-crest.com

“Caring for Seniors”
A Relocation Allowance is available for nurses who relocate from another province or territory.

---

Find out what’s waiting for you in the Northern Lights Health Region
Be part of a multi-disciplinary team in a first-class health care system. Work to your full scope of training in a flexible and innovative working environment focused on client care.

Serving over 20 communities, the Northern Lights Health Region is geographically the largest health region in Alberta. We offer attractive compensation packages, supportive work environments and dynamic communities.

Visit www.nlhr.ca for current positions
Contact Jeff Gillis at 780-788-1727 or jgillis@nlhr.ca for more information.

---

R.N. Required F/T or P/T for dental office, to assist with Gen. Anaes. I.V. Sed. Ph: Dr. B. Mather 780.424.2644 Fx: 780.423.0971

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Introduction to Legal Nurse Consulting
April 17-20, 2008 in Calgary, Alberta
Be part of the fastest growing, highest paid nursing career in North America. For more information contact Chris Rokosh at crrokosh@legalnurseconsulting.ca or visit the website www.CanLNC.ca
Moving?
Update your registration profile online

Members can now make changes to their address, telephone number and employer information by logging on to the member’s only section at www.nurses.ab.ca.

If you change your family name, please forward your request to CARNA by mail along with the supporting documentation.

According to HPA, members have a responsibility to notify CARNA as soon as possible of any changes related to their personal information such as address, telephone number and employer information.

If you have any questions, contact CARNA toll free at 1.800.252.9392 or 451.0043 in Edmonton.
REGISTERED NURSES

Does your job smile back?

CapitalCare is the largest public continuing care organization in Canada, with 11 sites in Edmonton and Sherwood Park. Our mission is to provide compassionate care to the frail elderly and disabled adults.

We are currently recruiting for Registered Nurses at all our sites.

When you join our team, you will receive competitive wages and a comprehensive benefits package. You will have opportunities for training, development, and advancement, and access to scholarships and bursaries. You will work in a culture of respect and recognition.

A Criminal Records Check is required. Send your résumé to Human Resources, CapitalCare, 500, 9925 – 109 Street, Edmonton, AB T5K 2J8 or fax: 780.413.4711 or email: careers@capitalcare.net.

Discover what makes 2,800 employees choose a career with CapitalCare. Watch our video.

www.capitalcare.net 780.425.JOBS (5627)

CapitalCare EDMONTON AREA leaders in continuing care

Make Your Home in Manitoba’s Beautiful Parkland

Offering a wide range of opportunities in rural nursing, including:

**Operating Room**  **Medicine**  **Acute Care**  **Long Term Care**  **Home Care**  **Emergency Room/Intensive Care Unit /Critical Care**  **Mental Health**

New Graduates Welcome

With Manitoba’s low cost of living, you may want to consider relocating to the beautiful Parkland Region. Situated in west-central Manitoba, our region boasts a wide variety of recreation and leisure activities for the lifestyle you deserve. You will feel at home in our friendly, family-orientated communities. The Parkland RHA offers a regional orientation program, continuing education, an excellent employee benefit program, relocation costs and in-house training.

For a complete listing of available positions, checkout our website at www.prha.mb.ca or contact Connie at (204) 734-6644 phone, (204) 734-5954 fax, or Email: cgray@prha.mb.ca.

Come for the excellent career opportunity... stay for the exceptional lifestyle.
CAREER OPPORTUNITIES

Carewest is a leading-edge public organization for adults who require continuing care and rehabilitation services. We operate nine sites in Calgary, with opportunities at both the south and north locations.

If you are an RN looking for new and exciting challenges, we have many programs which provide the opportunity to learn new skills and to gain further knowledge and experience. The programs include:

- Regional Community Transition
- Musculoskeletal
- Neuro Rehabilitation
- Geriatric Mental Health
- Chronic Complex Care
- EQuaL
- Comprehensive Community Care
- Hospice
- Long Term Continuing Care
- Designated Assisted Living
- Day Programs
- Operational Stress Injury Clinic

For more information regarding the above programs and career opportunities, please visit www.carewest.ca.

FACULTY POSITIONS - School of Nursing

Grant MacEwan College in Edmonton, Alberta is responding to the dynamic growth in the region with expansion of nursing programs. At MacEwan, teaching and learning are our priorities. We are committed to scholarship and the maintenance of high academic standards. The mission of the School of Nursing is to prepare outstanding graduates who will contribute to the health and well-being of individuals, families, communities, and society, and are committed to excellence in professional practice. Excellent opportunities exist for both full-time (continuing) and part-time (term) appointments in the following areas:

- Bachelor of Science in Nursing program
- Psychiatric Nursing program
- Centre for Professional Nursing Education

MacEwan’s School of Nursing is located in the new Robbins Health Learning Centre; a state-of-the-art educational complex with one of the most technologically advanced and comprehensive learning environments for nursing education in Canada.

Interested candidates should refer to our website at www.MacEwan.ca/careers for available positions, required qualifications, application guidelines, and contact information.
Faculty Positions

Nursing Instructors
Practical Nurse (PN) Program
Bachelor of Science – Nursing Program

We have excellent teaching opportunities available within the Nursing Department in 2008. We offer the opportunity to work closely with students and faculty in a cohesive supportive learning environment. Join our team of faculty in the Nursing department at Red Deer College.

We offer:
- BScN and PN programs
- Dynamic, supportive work environment
- Small class and clinical group sizes
- Mentoring & coaching for new instructors
- Diverse clinical settings for student learning
- Exceptional professional development program

If you have energy, drive and enthusiasm and want to make a difference in nursing education and health care, contact us to discuss teaching opportunities at Red Deer College.

Check out our website www.rdc.ab.ca for upcoming postings and to sign up to be notified of all our future postings.

At Red Deer College we are proud to be...

growing learning living our values

Our Vision and Mission:
- Our Vision — To be the leading comprehensive college serving learners and communities through excellence and innovation.
- Our Mission — The people we serve will have a foundation of knowledge and skills which enables them to develop to their full potential.

We're Growing!
- The largest growth project in our history is underway! Major expansions in facilities, learning programs, services to students and financial supports to learning are integral to our growth. The process to become a degree granting institution is also underway with plans to offer exciting new degrees.
- We continue to offer a diverse selection of programs including applied degrees, degree completion, university transfer, certificates and diplomas, academic upgrading, trades and industrial training, distance learning, continuing and part-time learning, as well as international learning opportunities.

For more information on Red Deer, visit:
www.tourismredder.net
www.reddeer.ca

Human Resources
Red Deer College
Box 5005 Red Deer
Alberta T4N 5H5
Fax: (403) 342-3161
Email: hro@rdc.ab.ca

Registered Nurses

Immediate full-time & part-time positions in these specialty programs:

Operating Room • Nursing Reserve Unit
General Surgery • Cardiac Care
General Medicine

Together we care, we learn, we discover. London Health Sciences Centre, a university teaching hospital, is committed to improving health. Building on our tradition of leadership and partnership, we champion patient-centred care, a spirit of inquiry and discovery, and a commitment to life-long learning.

Relocation assistance available!

Let’s Connect!
1-877-LHSC-JOB (1-877-547-2562)

Call to arrange your personal consultation or contact
Krista Morrison, Nursing Recruitment Consultant,
Tel: 519-685-8500 ext. 32303 e-mail: krista.morrison@lhsc.on.ca

London Health Sciences Centre
South Street Hospital • University Hospital • Victoria Hospital

London Health Sciences Centre is one of Canada's largest acute care teaching hospitals. Dedicated to providing excellent patient care, teaching and research, the 10,000 staff and physicians at LHSC provide care for more than one million patients each year. With many specialty areas, our nurses have access to unlimited career choices while enjoying a leading-edge environment, flexible scheduling, and a high standard of pay with competitive benefits. There are so many great reasons to join London Health Sciences Centre, we're sure you'll want to learn more.

Are You Our Nurse.com
I came for the job. I stayed for the team.

“My work presents many challenges and rewards. I’ve worked here for a few years and I am always learning something new.”

Diane T., VCH Registered Nurse

New Challenges. New Horizons.

To find out more and to apply, visit: www.vch.ca/careers

Phone: 604.875.5152
Toll-Free in North America: 1.800.565.1727

Vancouver Coastal Health
Promoting wellness. Ensuring care.

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Sessional Clinical Instructors

 Ranked as one of the top nursing schools in Canada, the Faculty of Nursing at the University of Alberta is the largest in the country. Achieving a standard of excellence in nursing education demands the efforts of excellent teachers, and the Faculty of Nursing requires full-time, part-time and casual relief Sessional Clinical Instructors at various times of the year. Sessional Clinical Instructors provide clinical instruction to students who are assigned to community and hospital settings in the following clinical areas: medical, surgical, mental health, community health, public health, maternal-child health, continuing care and child health. Some day/evening/weekend shift rotation may be required. Opportunities also exist for Clinical Instructors with fluency in providing patient care in French to teach in our Bilingual program in the areas of community health & public health.

Preferred candidates will hold a master’s degree in nursing with a minimum of two years clinical experience in a related field. A baccalaureate degree in nursing with relevant experience will also be considered. All candidates must hold current registration with the College and Association of Registered Nurses of Alberta.

Interested applicants may apply to:

Email: susan.kavanagh@ualberta.ca
Susan Kavanagh
University of Alberta
Faculty of Nursing
3-114 floor Clinical Sciences Building
Edmonton, AB, Canada T6G 2G3
Fax: (780) 492-2551

All qualified candidates are encouraged to apply; however, Canadians and permanent residents will be given priority. If suitable Canadian citizens and permanent residents cannot be found, other individuals will be considered. The University of Alberta hires on the basis of merit. We are committed to the principle of equity in employment. We welcome diversity and encourage applications from all qualified women and men, including persons with disabilities, members of visible minorities, and Aboriginal persons.
NURSE PRACTITIONERS:
- come join our team

WE OFFER:
- unique opportunity to work with Alberta First Nations communities and culture
- stability in the work environment
- full time, part time, casual or join the resource team
- allowances
- professional development

We also have other opportunities for public health and home care nursing positions.

For more information:
Alberta First Nations Nursing
First Nations and Inuit Health Branch
Health Canada
Treaty 7 Zone Office
#310, 9911 Chiila Boulevard
Tsuu T’ina, AB T2W 6H6
Phone: (403) 292-6190
Fax: (403) 292-6154
www.healthcanada.gc.ca/nursingjobs

Wound Care Education

Mark your calendars and plan your year!

The CAWC’s three-part S-Series has been developed by wound-care leaders from Canada and around the world, and the first two components, the S1 and S2, are coming to a city near you. If you are looking for a valuable educational experience in the world of wound care, you won’t want to miss out!

Join us for two great days of learning in:

THUNDER BAY, ON  March 14–15 at the Valhalla Inn (conducted in English)
EDMONTON, AB  April 4–5 at the Marriott at Rivercree Resort (conducted in English)
QUÉBEC CITY, QC  April 11–12 at the Québec City Convention Centre (conducted in French)

For complete information, online registration and hotel information, visit www.cawc.net, call 416-782-2350 or e-mail us at cawc@sympatico.ca.

Canadian Association of Wound Care  Association canadienne du soin des plaies
www.cawc.net
The Detection of Malingered Mental Illness
- The Challenge of Malingered and Facitious Disorders
- Who Malinger? What are the Motivations to Malinger?
- Detecting Deception: The Art of Lying - Visual, Verbal and Behavioural Clues
- Common Errors in Lie Detection; What the Research Shows
- Major Clues to Malingered Psychosis; Behaviour During Interview
- “Real” Hallucinations and Delusions...or Fake?
- Clues to Malinger in Patients Pleading Insanity
- Video Examples of Malingered Behaviour

The Many Faces of Competence: Mentally “Sound” or Not?
- Competence to Consent or Refuse Treatment; Competence to Stand Trial
- Need for Guardianship; Competence to Write a Will

Child Murder by Parents
- Who Commits Filicide and Neonaticide? What the Research Data Shows
- The Presence of Mental Illness; Depression and Psychosis; Psychodynamics
- Methods of Filicide; Motives for Filicide; The Association with Suicide
- Other Categories - “Unwanted” Children, Abuse & Spousal Revenge
- Motives in Neonaticide: Personality and Demographic Factors
- Denial of Pregnancy; Reaction to the Homicide
- The Aftermath; Reactions of the Courts; Sentencing; Prevention

Improving Suicide Risk Assessments; Liability Issues
- What is your liability if Patient Suicide Occurs? In-Patients vs. Out-Patients
- Forseeability of the Risk; Acute and Long Term Risk Factors for Suicide
- When Risk of Suicide is Greatest? Assessment of Suicidality
- Prevalence of Suicide in Various Mental Health Disorders and Illnesses
- Key Factors in the Management of Suicidal Patients
- Reducing the Risk of Suicide; Reducing your Risk of Malpractice

Dr. Phillip J. Resnick is a leading international authority on Forensic Psychiatry, specializing in the clinical prediction of the risk of violence and the assessment of malingered and deception. He has consulted on or provided expert testimony in a number of well-known criminal cases, including those of Jeffrey Dahmer, Timothy McVeigh, Susan Smith, Andrea Yates and the Unabomber. Currently the Director of Forensic Psychiatry at Case University in Cleveland, Ohio, he is also a past president of the American Academy of Psychiatry and the Law. He has written extensively on forensic topics and is known as one of the most outstanding speakers in the field of psychiatry today.

Register Early to Avoid Disappointment

Registration Form
Fax to 1.866.566.6028 or 403.240.7849

Yes! Please register me for the Legal Issues workshop in:

<table>
<thead>
<tr>
<th>City</th>
<th>Conference Date</th>
<th>Venue</th>
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<tbody>
<tr>
<td>Edmonton</td>
<td>April 28, 2008</td>
<td>Ramada Hotel Kingsway</td>
</tr>
<tr>
<td>Calgary</td>
<td>April 29, 2008</td>
<td>Radisson Hotel NE</td>
</tr>
</tbody>
</table>

Name: __________________________ Specialty: __________________________
Organization: __________________________
Home Address: __________________________
City: __________________________ Prov: ______ Postal: (____)________
Home Phone: (____) Fax: (____)________
E-Mail: __________________________

☐ Please send me e-mail notices of upcoming conferences.

<table>
<thead>
<tr>
<th>Conference Fees:</th>
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<tbody>
<tr>
<td>$179.00 + $9.95 GST = $187.95 On or before March 3, 2008</td>
</tr>
<tr>
<td>$189.00 + $9.45 GST = $198.45 On or before March 31, 2008</td>
</tr>
<tr>
<td>$199.00 + $9.95 GST = $208.95 After March 31, 2008</td>
</tr>
</tbody>
</table>

GST Registration # 86410998

Price includes conference sessions, lunch, coffee breaks, and handouts.

REGISTRATION IS NOT COMPLETE WITHOUT PAYMENT

☐ Please charge my: ☐ VISA ☐ M/C ☐ AMEX

Cardholder’s Name: __________________________ Exp: /____
Signature: ______________________________________

☐ Cheque or money order payable to Executive Links enclosed

☐ My employer has approved funding. Please invoice

Attention: __________________________ Title: __________________________
Fax: (____) Phone: (____)________

Further Information
Should you have any questions or require assistance with registration, please call Conference Registration at Executive Links Inc. toll-free at 1.866.738.4823.

Cancellations
Refunds will be given for written cancellations received ten days prior to the conference date, less an administration fee of $25.00. Refunds cannot be given after this date; however, a substitute may attend the workshops on your behalf without prior notification.

If Executive Links Inc. is forced to cancel a conference, liability is limited to reimbursement of paid conference fees. Executive Links Inc. reserves the right to change program date, meeting place, speakers or content without further notice and assumes no liability for these changes.

To read our policies in more detail, please visit: www.execulinks.net
Care of the Late Preterm Infant

CALGARY, May 5, 2008 • EDMONTON, May 6, 2008
0815 to 1615 hrs

With

DEBBIE FRASER ASKIN, MN, RNC

Topics:

Late Preterm Infants: Who Are They, and How Many are There?
• Statistics, Why are Late Preterm Births Increasing?
• What are the Risks Associated with Late Preterm Infants?

Assessment of the Late Preterm Infant
• Gestational Age Assessment and the Challenges Involved
• Physical Assessment - Key Elements

Assessment and Management of Risk Factors
• Respiratory Distress - Is it TTN or Something More Serious?
• Temperature Instability - Still an issue? Why it Happens
• Sepsis - Separating Sepsis from the Impostors
• Hypoglycemia - Not Sweet Enough?
• Hyperbilirubinemia - Wonder Where the Yellow Went?
• Feeding Challenges - Going from Frustration to Good to Grow!

Parent Support and Education
• What Parents Need to Know for Going Home

Follow-up and Outcomes
• Putting in Supports for Success

Creating Safe Environments: Institutional Issues
• Patient Safety and Practice changes

** Price of the workshop includes AWHONN’s new publication “Late Preterm Infant Assessment Guide”! **

Debbie Fraser Askin is an Associate Professor in the Faculty of Nursing, University of Manitoba where she teaches in the nurse practitioner program. She is also a Neonatal Nurse Practitioner in the NICU at St Boniface General Hospital and the Executive Director of Neonatal Network: The Journal of Neonatal Nursing and the Executive Director of the Academy of Neonatal Nursing. Debbie has written a number of articles, book chapters and has edited two neonatal textbooks. Her most recent text, Infection in the Neonate was awarded an AJN Book of the Year Award in 2004.

** Register Early to Avoid Disappointment **

Registration Form (Fax to 1-866.566.6028 or 240.7849 in Calgary)

Yes! Please register me for the Late Preterm Infant workshop in:

<table>
<thead>
<tr>
<th>City</th>
<th>Conf. Date</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calgary</td>
<td>May 5, 2008</td>
<td>Radisson Hotel NE</td>
</tr>
<tr>
<td>Edmonton</td>
<td>May 6, 2008</td>
<td>Ramada Hotel on Kingsway</td>
</tr>
</tbody>
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Name: __________________________ Title: __________________________ Specialty: __________________________
Organization: __________________________
Home Address: __________________________

City: ____________ Prov: ______ Postal: ______
Home Phone: ______ Fax: ______
E-Mail: __________________________

☐ Please send me e-mail notices of upcoming conferences.

Over the past few decades, there has been a significant increase in the number of preterm births. The largest contribution to this increase was from births between 34 and 37 completed weeks of gestation. Compared with term infants, late-preterm infants have higher frequencies of respiratory distress, temperature instability, hypoglycemia, kernicterus, apnea, and feeding problems, as well as higher rates of rehospitalization. This workshop is aimed at providing nurses with a systematic method to assess and care for late preterm infants so that the infant’s most pressing physiological needs are identified and met; and follow up care is coordinated for the best outcomes.

WHO SHOULD ATTEND?
• All staff who work with infants of 34 to 37 weeks gestational age
• Nurses working in L&D and Postpartum
• Nurses working in Normal Newborn Nursery & Intermediate NICU
• Lactation Consultants; Childbirth Educators; Public Health Nurses

HOW TO REGISTER

Save $20 on your registration fee when you register and pay prior to March 3rd and $10 prior to April 7th! (Price includes lunch!)

WEB: www.nursinglinks.ca
CALL: 1-866.738.4823 or 240.4875 in Calgary
FAX: 1-866.566.6028 or 240.7849 in Calgary
E-MAIL: rgistration@nursinglinks.ca
MAIL: #22, 2526 Battleford Ave. SW, Calgary AB T3E 7J4

FURTHER INFORMATION

Should you have any questions or require assistance with registration, please call Conference Registration at Executive Links Inc. toll-free at 1-866-738-4823.

CANCELLATIONS

Refunds will be given for written cancellations received ten days prior to the conference date, less an administration fee of $25.00. Refunds cannot be given after this date; however, delegate substitutions are welcome without prior notification.

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Conference Fees:

☐ $149.99 + $8.94 GST = $157.94 ☐ $159.99 + $9.54 GST = $168.54
☐ $169.99 + $10.14 GST = $179.14

GST Registration # 86410998

Price includes conference sessions, lunch, coffee breaks, and handouts. REGISTRATION IS NOT COMPLETE WITHOUT PAYMENT

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The University of Northern British Columbia is an exceptional institution of higher learning. Beautiful campuses located across Northern BC will provide you with an opportunity to connect with our local communities, nature and outdoor adventure; at UNBC you will experience the best in work and life environments.

Dubbed BC’s northern capital city, Prince George’s population is approximately 80,000 people with a range of cultural, educational, and recreational amenities. With affordable housing prices and a short commute to work Prince George is a great city for you and your family. We are a friendly community offering a wide range of outdoor activities including exceptional skiing, canoeing and kayaking, fly-fishing, hiking, and mountain biking. The lakes, forests and mountains of northern and central British Columbia offer an unparalleled natural environment in which to live and work. The city is also home to a symphony orchestra, professional theatre, a WHL hockey team, and a community college. For more information about living and working in Prince George please consult www.seeyouunbc.ca/princegeorge

In collaboration with community colleges in Prince George, Quesnel and Terrace, the Nursing Program offers an undergraduate Bachelor of Science degree (BScN). A Master of Science Nursing (MScN) is also offered in two streams: the Family Nurse Practitioner (FNP) – a clinical masters degree leading to registration with the College of Registered Nurses of British Columbia as an FNP, and a masters by course work and research thesis. Further information about UNBC and the Nursing Program can be found at: www.unbc.ca/nursing/index.html

UNBC offers competitive compensation, an attractive benefits package, state-of-the-art facilities, funding for research and professional development, relocation assistance and an opportunity for further educational advancement.

The Nursing Program has the following opportunities available.

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- **FANU24-07 Assistant/Associate Professor & Coordinator, Terrace Campus (Tenure-track)**
- **FANU25-07 Assistant/Associate Professor, Nurse Practitioner (Tenure-track)**
- **FANU26-07 Assistance/Associate Professor, Prince George (Tenure-track)**

Additional information on the duties and responsibilities of these positions can be located at www.unbc.ca/hr/postings/instructional.html

www.unbc.ca
In December, the Canadian public witnessed a much publicized dispute between the federal minister of environment and the now former president of the Canadian Nuclear Safety Commission over the closure of the Chalk River nuclear reactor in Ontario. In a very short period, the events not only tarnished the credibility of both individuals and weakened the effectiveness of their respective organizations, but likely affected employee morale and eroded public confidence in the safety of nuclear products in Canada. Lastly, and most tragically, the much publicized shortage of medical isotopes triggered by the closure probably increased the anxiety of many Canadians affected by waiting lists for medical imaging. In retrospect, the regrettable situation in Ontario emphasized for me that mutually respectful relationships serve us well during times of crisis.

In Alberta, the nursing shortage is increasingly gaining public and political attention. Registered nurses (RNs), CARNA, employers and government are facing the typical characteristics of crisis, whether it is personal, political or organizational: intense pressure, high stress, heightened external scrutiny, dramatically compressed time frames and confusion about information. Media headlines attribute bed closures, cancelled surgeries and unreasonable waits in emergency rooms to a shortage of nurses. RNs continue to work long hours in understaffed units and Albertans worry nursing care will not be available if, and when, they need it. Many employers are struggling to fill vacant positions and CARNA is responding to an unprecedented increase in the number of international applications arising from overseas recruitment campaigns. CARNA is under intense pressure by government, by employers and by potential applicants to make the critical decisions required to license more nurses, more quickly.

CARNA’s perspective on any issue, including the nursing shortage, is ultimately dictated by our legislated mandate to serve the public interest in the arena of nurse regulation. Our mandate is outlined in the Health Professions Act (HPA) which gives CARNA the independent authority to “carry out its activities and govern its regulated members in a manner that protects and serves the public interest.” We are not required, nor should we be required, to allow economic or political matters to influence our decisions related to nursing regulation. Sometimes, as was the case recently with Bill 41, we must agree to disagree with the differing perspectives and motivations of other stakeholders. Our overriding duty is to public safety and we work hard to ensure stakeholders understand and respect this position. Historically, RNs have played a valuable role in responding to health-care issues and consistently provide meaningful analysis related to nursing practice, both at a regulatory and professional level.

The challenges faced by politicians, regulatory agencies, employers and the public during a shortage of medical isotopes and a shortage of nurses share many similarities. Like most issues, there are no simple solutions to problems which develop over a long period time, such as aging reactors or a nursing shortage. During the recent situation in Chalk River, respectful consultation between agencies seems to have been lacking and all involved seem to have been weakened in the process. We had medical isotopes in the short-term, but government had used emergency powers to allow a nuclear reactor to reopen with only one pump connected to the emergency power supply when the safety requirement is two as per regulations. These regulations had been thoughtfully developed by an independent agency whose mandate is the responsible use of nuclear energy and material to protect health, safety, security and the environment. It is unclear to Canadians whose interests were served throughout the drama and by its outcome.

In Alberta, the recently proclaimed Bill 41 gives the government similar powers to pass emergency legislation in the public interest and overturn decisions of a regulatory college legislated under HPA. Although CARNA objected to the bill for a variety of reasons, we maintain a respectful relationship with Alberta Health and Wellness and expect to be involved in the process of drafting the regulations that will outline how Bill 41 would be implemented, particularly as they relate to the consultation process. CARNA is committed to maintaining the credibility of our profession and to continuing to merit the high regard registered nurses have earned from Albertans. In any discussion related to the nursing shortage, we will consistently advocate for long-term solutions which address the underlying issues of the nursing shortage by educating more nurses, retaining experienced RNs and recruiting more RNs.

Mary-Anne Robinson, RN, BN, MSA
Executive Director
Phone: 780.453.0509 or 1.800.252.9392 ext. 509
E-mail: mrobinson@nurses.ab.ca
During 2008, Alberta RN will feature photos from the collection of the CARNA Museum and Archives to mark the 100th anniversary of the Canadian Nurses Association.

The CARNA Museum and Archives collections are available for research and educational purposes. We maintain permanent and temporary exhibits including a lamp that was used by Florence Nightingale in the Crimean War as well as two online exhibitions at www.nurses.ab.ca.

LOCATION: CARNA Provincial Office, 11620-168 Street, Edmonton
HOURS: Monday through Friday from 8:30 a.m. to 4:30 p.m.
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