



# INTRODUCING *MyCCP* ONLINE

College and Association of  
Registered Nurses of Alberta (CARNA)

# OBJECTIVES

- Introduce the use of the online program (“*MyCCP*”) for documenting your continuing competence activities
- Discuss how the steps of the CCP have been re-organized
- Demonstrate how to navigate the *MyCCP* program using some examples

# CARNA'S CONTINUING COMPETENCE PROGRAM (CCP)

Since 2006, Alberta's Nurses have participated in CARNA's Continuing Competence Program as an eligibility requirement to hold a practice permit.

# 2010 REVIEW OF THE CCP

In 2010 a comprehensive review of the CCP was conducted to:

- ⦿ Assess the strengths and weaknesses of the program after 5 years
- ⦿ Determine what current best practices are in continuing competence
- ⦿ Identify strategies to strengthen the effectiveness of the program

# RECOMMENDATIONS

Two of the key recommendation were to:

1. Integrate the 3 elements of:

- ◉ **Practice Reflection** (including expanded self-assessment criteria)
- ◉ **Continuing Professional Development**
- ◉ **Competence Assessment**

2. Automate and strengthen CCP recording and reporting

# A DIFFERENT WAY OF THINKING

## ***Reflective practice***

- ⦿ Self-assessment
- ⦿ Collecting feedback
- ⦿ Selecting a learning focus
- ⦿ Developing a learning plan
- ⦿ Implementing the learning plan
- ⦿ Evaluating the influence of learning on practice

## ***Element 1. Practice Reflection***

- ⦿ Self-assessment
- ⦿ Collecting feedback
- ⦿ Selecting a learning focus
- ⦿ Developing a learning plan

## ***Element 2. Continuing Professional Development***

- ⦿ Implementing the learning plan
- ⦿ Evaluating the influence of learning on practice

## ***Element 3. Competence Assessment***

- ⦿ \*future strategies

# WHAT IS *PRACTICE REFLECTION*?

## **Practice Reflection** involves:

- ⦿ self-assessment against the standards of our profession
- ⦿ seeking validation (feedback) from others that our assessment is accurate
- ⦿ deciding what we want to improve in our practice

Practice Reflection is the *planning* of our CCP activities

# WHAT IS *CONTINUING PROFESSIONAL DEVELOPMENT*?

## **Continuing Professional Development (CPD)**

involves:

- ⦿ selecting and completing learning activities
- ⦿ deciding if our learning has influenced our practice

Continuing Professional Development is the *implementation* of our CCP activities

# WHAT IS *COMPETENCE ASSESSMENT*?

**Competence Assessment** is an objective third-party assessment of practice competence.

# REVISED CCP

## Practice Reflection

- self-assessment
- collecting feedback
- selecting a learning focus
- developing a learning plan

## Continuing Professional Development

- implementing the learning plan
- evaluating the influence of learning on practice

## Competence Assessment

\*to be developed

# A NEW WAY OF DOCUMENTING



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## Welcome To MyCARNA

### My Profile

- Update my email address and /or phone numbers
- Update my mailing List
- Update the details of my employer

### My CARNA Registration

- Renew my practice permit
- Check the status of my registration

### My Continuing Competence

- Change the indicators selected for my learning plan
- Check the status of my audit

### My Passwords

- CINAHL, CNPS and Office of the Public Guardian

## CC Records

Click on the orange button to begin

CC Record

Assessment Criterion

Status

Nursing

### Registered Nurse CC Record

Registered Nurse

Available

Begin

CARNA's Continuing Competency Program (CCP) includes 3 elements:

- 1) Practice Reflection,
- 2) Continuing Professional Development, and
- 3) Competence Assessment.

# GUIDANCE THROUGH THE PROGRAM



Welcome Regi Strant! | Cycle: | 6/22/2011 - 9/30/2012 | My Account [+] | Logout

My CC Record | CC Records | Support | FAQ

## Registered Nurse CC Record ( Show Details )

Return to: [CC Records](#)

### Introduction to MyCCP ?

0 Units Completed | 0 Units Added | 1 Units Required

Tasks	Completion Date	Next Step
<b>Intro Video</b> ?		<a href="#">View Intro Video</a> 🔍

View the X-minute intro video before beginning your practice reflection steps.

### My Nursing Practice ?

Enter at least one nursing role when developing your plan. You may add additional nursing roles if you change jobs or have more than one job.

Nursing Role / Job Title	Area of Responsibility	Next Step
Identify at least one nursing role.		<a href="#">Identify Practice</a>

### My Feedback ?

Feedback Source / Feedback Received	Feedback Date	Feedback Type	Next Step
Record the feedback you receive on a formal or informal basis.			<a href="#">Add Feedback</a>

0 Units Completed | 0 Units Added | 1000 Units Required

Press the ? To see additional information

Orange Buttons show you steps you need to complete

Click the magnifying glass to see details of what you entered

Use Blue Buttons to add information to your CC Record

# A NEW WAY OF DOCUMENTING

## ***Element 1. Practice Reflection***

- ◉ Self-assessment
- ◉ Collecting feedback
- ◉ Selecting a learning focus
- ◉ Developing a learning plan (writing a learning objective)

Prior to the start of a practice year all registrants will access the online documentation tool *MyCCP* and complete the Practice Reflection steps

# PRACTICE REFLECTION

- Live content from Heuristics

# A NEW WAY OF DOCUMENTING

## ***Element 2. Continuing Professional Development***

- ◉ Implementing the learning plan
- ◉ Evaluating the influence of learning on practice

Then, throughout the practice year, registrants will record their completed learning activities and evaluate their learning

# CONTINUING PROFESSIONAL DEVELOPMENT

- ⦿ Live content from Heuristics

# MAKING CHANGES

Different learning priority?

New practice setting?

Additional feedback?

At the end of the practice year, your completed learning plan will be saved and can be viewed any time.

# COMPLETING 2011 REQUIREMENTS

This program begins with the 2012 practice year; reporting on your completed 2011 continuing competence activities will be done during the renewal process as previously.

Prior to Sept 1, 2011:

- ◉ Log in to MyCARNA on the CARNA website
- ◉ Open *MyCCP* and complete Practice Reflection steps
- ◉ Open registration renewal and complete application including reporting on your 2011 learning plan(s)

# RESOURCES ON THE WEBSITE

## *Practice Reflection*

- ◉ Self-assessment
  - ◉ Collecting feedback
  - ◉ Selecting a learning focus
  - ◉ **Developing a learning plan**
- ◉ How do I assess my practice?
  - ◉ What is a Nursing Practice Standard indicator?
  - ◉ How do I collect feedback?
  - ◉ How do I select a priority learning focus?
  - ◉ How do I develop a learning objective?
  - ◉ How do I select learning activities?

# RESOURCES ON THE WEBSITE

## *Continuing Professional Development*

- ◉ Implementing the learning plan
- ◉ **Evaluating the influence of learning on practice**

- ◉ How do I implement my learning plan?
- ◉ How do I evaluate my learning?

# HOW IS THE CCP MONITORED?

- ⦿ Required fields in *MyCCP*
- ⦿ Annual audit

# *WHAT DO I DO IF I AM SELECTED FOR 2011 AUDIT?*

If you are selected for this year's (2011) audit you will complete audit requirements by:

- ⦿ submitting a a copy of your learning plan(s) to CARNA for review (mail, fax, or e-mail), and;
- ⦿ completing and submitting your 2012 practice permit application online

# *HOW WILL THE CCP AUDIT BE CONDUCTED IN THE FUTURE?*

From 2012 forward, if you are selected to complete an audit, you will be notified of selection, and will be able to submit your information for review with the click of a button.

# *WHERE CAN I GET HELP?*

## **For help with CARNA's CCP**

CARNA website: [www.nurses.ab.ca/competence](http://www.nurses.ab.ca/competence)

E-mail: [continuingcompetence@nurses.ab.ca](mailto:continuingcompetence@nurses.ab.ca)

CARNA CC Helpline: 780.732.9511 or toll-free  
1.800.252.9392 ext. 411