

October 1, _____ to September 30, _____

Name

CARNA No.

Practice Year

Role (Position)

Practice Setting

Nursing Practice Standards (NPS)

1) Professional Responsibility

The registered nurse is personally responsible and accountable for ensuring that her/his nursing practice and conduct meet the standards of the profession and legislative requirements.

NPS INDICATOR	NOTES	PRIORITY FOCUS
Reflect on how each NPS indicator applies to your practice.	Identify any learning needs.	This year I will focus on this indicator. [†]
1.1 I am accountable at all times for my own actions		<input type="checkbox"/> Yes <input type="checkbox"/> No
1.2 I follow current legislation, standards and policies relevant to my profession and my practice setting		<input type="checkbox"/> Yes <input type="checkbox"/> No
1.3 I question policies and procedures inconsistent with therapeutic patient/client* outcomes, best practices and safety standards		<input type="checkbox"/> Yes <input type="checkbox"/> No
1.4 I engage in and support others in the continuing competence process		<input type="checkbox"/> Yes <input type="checkbox"/> No
1.5 I participate in quality improvement activities		<input type="checkbox"/> Yes <input type="checkbox"/> No
1.6 I practise competently		<input type="checkbox"/> Yes <input type="checkbox"/> No
1.7 I regularly assess my practice and take the necessary steps to improve personal competence		<input type="checkbox"/> Yes <input type="checkbox"/> No
1.8 I ensure my fitness to practice (i.e. I restrict or accommodate practice if I cannot safely perform essential functions of the nursing role due to mental or physical disabilities)		<input type="checkbox"/> Yes <input type="checkbox"/> No

[†] You must choose, from nursing practice standards 1.1 to 4.4, a minimum of one indicator to a maximum of three indicators. Report your selected indicators at registration.

*The term client may mean patient, resident, family, group, population or community.

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2) Knowledge-Based Practice

The registered nurse continually strives to acquire knowledge and skills to provide competent, evidence-based nursing practice.

NPS INDICATOR	NOTES	PRIORITY FOCUS
Reflect on how each NPS indicator applies to your practice.	Identify any learning needs.	This year I will focus on this indicator.†
2.1 I support decisions with evidence-based rationale		<input type="checkbox"/> Yes <input type="checkbox"/> No
2.2 I use appropriate information and resources that enhance patient* care and achievement of desired patient outcomes		<input type="checkbox"/> Yes <input type="checkbox"/> No
2.3 I demonstrate critical thinking in collecting and interpreting data, planning, implementing and evaluating all aspects of nursing care		<input type="checkbox"/> Yes <input type="checkbox"/> No
2.4 I exercise reasonable judgment and set justifiable priorities in practice		<input type="checkbox"/> Yes <input type="checkbox"/> No
2.5 I practise within my own level of competence		<input type="checkbox"/> Yes <input type="checkbox"/> No
2.6 I document timely, accurate reports of data collection, interpretation, planning, implementing and evaluating nursing practice		<input type="checkbox"/> Yes <input type="checkbox"/> No
2.7 I support, facilitate or participate in research relevant to nursing		<input type="checkbox"/> Yes <input type="checkbox"/> No
2.8 I apply nursing knowledge and skill in providing safe, competent, ethical care. I perform restricted activities authorized under the <i>Health Professions Act</i> (HPA) regulations that I am competent to perform if they are appropriate to my area of practice		<input type="checkbox"/> Yes <input type="checkbox"/> No

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3) Ethical Practice

The registered nurse complies with the code of ethics adopted by the Council in accordance with the bylaws and section 133 of the *Health Professions Act*.

NPS INDICATOR	NOTES	PRIORITY FOCUS
Reflect on how each NPS indicator applies to your practice.	Identify any learning needs.	This year I will focus on this indicator.†
<p>3.1 I practise with honesty, integrity and respect and I comply with the code of ethics adopted by the Council in accordance with the bylaws and section 133 of the <i>Health Professions Act</i></p>		<p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
<p>3.2 I report unskilled practice or professional misconduct to the appropriate person, agency or professional body</p>		<p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
<p>3.3 I advocate to protect and promote a client's* right to autonomy, respect, privacy, dignity and access to information</p>		<p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
<p>3.4 I assume responsibility for ensuring that my relationships with clients* are therapeutic and professional</p>		<p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
<p>3.5 I advocate for practice environments that have the organizational and human support systems and the resource allocations necessary for safe, competent and ethical nursing care</p>		<p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>

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4) Provision of Service to the Public

The registered nurse provides nursing service in collaboration with the client, significant others and other health professionals.

NPS INDICATOR	NOTES	PRIORITY FOCUS
Reflect on how each NPS indicator applies to your practice.	Identify any learning needs.	This year I will focus on this indicator. [†]
<p>4.1 I collaborate with the client/significant others and other members of the health-care team regarding activities of care planning, implementation and evaluation</p>		<p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
<p>4.2 I use communication and team building skills to enhance client* care</p>		<p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
<p>4.3 I am accountable for the supervision of other health-care team members, and nursing students when appropriate, and use the <i>Decision Making Standards for Nurses in the Supervision of Health Care Aides: Restricted Activities and Activities of Daily Living</i>; and <i>Supervision of Care Provided by Nursing Students and Undergraduate Nursing Employees</i> to guide practice</p>		<p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>
<p>4.4 I explain nursing care to clients* and others</p>		<p><input type="checkbox"/> Yes <input type="checkbox"/> No</p>

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